From: Paul Lowdon <p.lowdon@icloud.com> **Sent:** Saturday, March 25, 2023 12:59:31 PM **To:** Karanta Camara <karantamj@hotmail.com>

Subject: Gambia & Senegal Tour

This was our third visit to the Gambia for my wife and I and our first guided tour with Karanta Camara, MD of gambiabirdingtours.com

We have known Karanta for many years and I wanted to book a guided tour with him as his knowledge and expertise in his field is second to none.

Our base for the first 7 days was the Ocean Bay Hotel on the coast of Gambia where we had stayed before and the gardens attract many species of birds.

We were picked up every morning at 7.30am and explored all habitats of the Gambia including forests, wetlands, savannahs, rice fields, rivers and the coast.

Karanta, like me is a very keen photographer and together, with my wife taking videos of the beautiful areas we visited, off we went each day.

The photographic opportunities came thick and fast as we took our time in each area we visited to get those images we craved. This was a great test for me with my new Canon R5 and 100mm - 400mm lens combo and the results were amazing.

Eagles, Owls, Bee-Eaters, Kingfishers, Falcons, Shrikes, Rollers, Herons, Sunbirds and many more were photographed each day as we tracked down our target birds.

For lunch we either went to a local restaurant or took a packed lunch which was prepared for us by Karanta, usually in a secluded spot known to Karanta where we could photograph an array of birds of prey circling above us. On one occasion we were treated to a Bateleur Eagle soaring 100 feet above our heads, incredible views. :)

On our eighth day we packed our cases for a 4 day tour of the north bank of the Gambia and Senegal. I had never been to Senegal before but Karanta knows the area extremely well and the birds we saw en-route surpassed my expectations. The main purpose of our trip to Senegal was to visit Kousmar Island near Kaolack, the roosting site of over 2000 Swallow Tailed Kites. It was a truly memorable day out as we watched these incredible birds tumble out of the skies into the baobab trees in front of us.

We stayed in a lovely camp called Morgan Kunda not far from the border to Senegal. We had more amazing views of the local birds whilst having our breakfast and I couldn't resist getting the camera out. After a 2 night stay in Morgan Kunda we headed over to Tendaba camp where we had stayed twice before. We booked a late afternoon boat trip across the Gambia river into the mangrove creeks to photograph more wetland birds and kingfishers. A flyby Goliath Heron was a delight to see.

We headed back to our hotel on the coast after a memorable 4 day tour with over 3000 images on my SIM cards and memories I will never forget.

Each day spent with Karanta and our driver Sly was like being with your closest friends as he made us feel totally at ease and catered for all our needs. We have made a friend for life and I have already booked to go back in January 2024 with 4 of my dearest friends to spend another 11 days with Karanta. I can't wait!

In all we saw 245 bird species and witnessed many wildlife encounters. A full list of birds below.

26th January

Black Kite

Blue Bellied Roller

Red Billed Hornbill

Speckled Pigeon

Hooded Vulture

Pied Crow

Piapiac

Mourning Dove

Broad Billed Roller

Grey Heron

Lanner Falcon

Grey Kestrel

Vinaceous Dove

Laughing Dove

Yellow Billed Shrike

Tellow billed Stillike

Wire Tailed Swallow

Common Bulbul

Grey Headed Sparrow

Red Billed Fire-finch

Red Cheeked Cordon Bleu

Variable Sunbird

Pygmy Sunbird

Splendid Sunbird

Scarlet Chested Sunbird

Black Billed Dove

Spotted Honeyguide

Pygmy Kingfisher

Giant Kingfisher

Common Wattle Eye

African Paradise Flycatcher

Black Rumped Waxbill

Bronze Mannequin

Black Necked Weaver

Black Winged Red Bishop

Blue Spotted Wood Dove

Little Green Bulbul

Snowy Crowned Robin Chat

African Thrush

African Harrier Hawk

White Backed Night Heron

Wattled Plover

Yellow Breasted Apalis

Grey Backed Camaroptera

European Bee-Eater

Black Capped Babbler

Village Weaver

Little Weaver

Green Headed Sunbird

Violet Turaco

Western Grey Plantain Eater

Lesser Honeyguide

Greater Honeyguide

Feral Pigeon

Beautiful Sunbird

Shikra

Brown Babbler

Yellow Crowned Gonolek

Yellow Fronted Canary

Northern Puffback Shrike

White Faced Scops Owl

Greyish Eagle Owl

Blue Cheeked Bee-Eater

27th January

Caspian Tern

Great White Egret

Yellow Billed Black Kite

Cattle Egret

Long Tailed Cormorant

Northern Crombec

Stone Partridge

Red Bellied Paradise Flycatcher

Northern Black Flycatcher

Pearl Spotted Owlet

Red Necked Falcon

Little Bee-Eater

Green Turaco

Oriole Warbler

Tawny Flanked Prinia

Yellow Fronted Leaflove

Long Tailed Glossy Starling

Red Eyed Dove

Long Tailed Nightjar

Fork Tailed Drongo

Lavender Waxbill

African Grey Hornbill

Grey Headed Gull

Pied Kingfisher

House Sparrow

Lesser Crested Tern

Sandwich Tern

Royal Tern

Slender Billed Gull

Lesser Black Backed Gull

Whimbrel

Green Sandpiper

Grey Plover

Greenshank

Turnstone

Bar Tailed Godwit

Spur Winged Plover

Reef Heron

Little Egret

Osprey

Great Cormorant

Pink Backed Pelican

Great White Pelican

Senegal Thick Knee

28th January

Yellow Wagtail

Crested Lark

African Jacana

Black Egret

Singing Cisticola

Black Crowned Tchagra

Cutthroat Finch

African Darter

Pallid Swift

Namaqua Dove

Hoopoe

Woodchat Shrike

Silver Billed Finch

Chestnut Bellied Starling

Red Winged Warbler

Black Shouldered Kite

Pied Wing Swallow

Mottled Spinetail

Whinchat

Black Headed Heron

Bearded Barbet

Green Crombec

Western Bluebill

Sulphur Breasted Shrike

Collard Sunbird

Grey Headed Bristlebill

Capuchins Babbler

Squacco Heron

29th January

Batueler Eagle

Yellow White Eye

Striped Kingfisher

Red Billed Quela

African Golden Oriole

Senegal Batis

African Cuckoo

Brown Backed Woodpecker

Bush Petrona

Swallow Tailed Bee-Eater

Rufous Cisticola

Siffling Cisticola

White Fronted Black Chat

Green Backed Eromola

African Spoonbill

Purple Glossy Starling

Rufous Crowned Roller

Dark Chanting Goshawk

White Spotted Fluff-Tail

Pied Hornbill

Simple Leaflove

Green Woodhoopoe

Red Chested Swallow

30th January

African Green Pigeon

Black Wood Hoopoe

Rose Ringed Parakeet

Violet Backed Sunbird

Senegal Parrot

Fine Spotted Woodpecker

Greater Blue Eared Glossy Starling

Lesser Blue Eared Glossy Starling

Long Crested Eagle

Wahlbergs Eagle

Palm Nut Vulture

Abyssinian Roller

Double Spurred Francolin

Buffalo Weaver

Lizard Buzzard

Striated Heron

Black Crake

Grey Headed Woodpecker

31st January

Purple Heron

Klass's Cuckoo

African Goshawk

Fanta Saw Wing

Sacred Ibis

Malachite Kingfisher

Blue Breasted Kingfisher

Common Sandpiper

Wood Sandpiper

Little Ringed Plover

Redshank

Black Winged Stilt

Golden Tailed Woodpecker

Hammerkop

01st February - En Route to Morgan Kunda

Intermediate Egret

Grasshopper Buzzard
Bronze Winged Courser
African Fish Eagle
Griffin Vulture
White Headed Vulture
White Backed Vulture
Ruppells Vulture
Yellow Billed Stork
Chestnut Backed Sparrow Lark
Lesser Kestrel
Brown Snake Eagle

02nd February

Village Indigo Bird Yellow Fronted Tinker Bird Whitethroat Common Redstart Beaudoins Snake Eagle

02nd February - Senegal

Lesser Flamingo
Greater Flamingo
Kentish Plover
Klitz's Plover
Marsh Sandpiper
Pied Avocet
Swallow Tailed Kite
Saville's Bustard
Sudan Golden Sparrow
White Rumped Seedeater
Southern Grey Shrike
Western Olivacious Warbler
Montagu's Harrier

03rd February

Gabor Goshawk
Speckle Fronted Weaver
Gull billed Tern

03rd February - Tendaba Boat Trip

Goliath Heron White Throated Bee-Eater Mouse Brown Sunbird Black Crowned Night Heron Woolley Necked Stork White Wagtail

04th February- Tendaba

Brubru White Crested Helmet Shrike Abyssinian Ground Hornbill Splendid Glossy Starling Bruce's Green Pigeon

05th February

Spur Winged Goose
White Faced Whistling Duck
Purple Swamphen
Moorhen
Marsh Harrier
Common Snipe
Grey Headed Kingfisher
White Fronted Plover
Sanderling
Oystercatcher

06th February

Little Tern